

## **DR Meeting Report Area Assembly November 6, 2021**

The DR meeting was an inspiration again! We had five members in attendance, four DR's and one Alt. DR/ Past Delegate. It was a smaller group making for a more in depth discussion among the members present. We have nineteen districts, twelve districts with DR's and seven with no DR's. Please encourage your GR's to consider stepping up to DR in those districts without DR representation. We discussed the position of Alternate DR in our districts, and the importance of encouraging members to step up to service in the Alt. DR position. We filled our assignments for the January 2022 Assembly. We thanked Sarah G., Clara E. and Tammy M. for chairing the morning and evening meetings this Assembly. We reiterated the importance of keeping current in order to be a good link to our groups. We held an information forum where each DR reported on information about their districts. Each shared about the size and format of the groups within their district – how these groups were working. Each shared about their district meetings, public outreach thoughts and Alateen. We discussed the challenge for getting GR's attendance at DR meetings. Several reported 50% attendance. One group is starting a step study for beginners. Several groups are beginning discussion about district workshops offered by their districts. Sharing aloud and working through obstacles using the traditions and the service manual continue to be very helpful. It is refreshing to see how different districts operate differently, some more structured, some more free flowing, but all operate with the same common goal in mind...to be of service and to help families and friends of alcoholics. Lastly, we remind ourselves to attend to our own self-care by going to meetings, having a sponsor/service sponsor and being of service to others.

Respectfully submitted by Susan A., Alternate Chair

