

**TALK PRESENTED AT REGIONAL SERVICE SEMINAR
NASHVILLE, TN - MARCH, 1984**

STEP 1

Tells me that I am not powerless over service work. I try to return a little bit of what was given to me. Now that my life is more manageable, I have time to give to service work.

STEP 2

I am consciously aware of the need of service work - at group, district and Area level - in institutions or public information. Restored to sanity makes me grateful for what I now have. This is why I serve when the hand of Al-Anon or Alateen reaches out.

STEP 3

Turning my will and life over to the care of God - Allows me time and ability to serve my fellowship.

STEP 4

I have searched everywhere for the feeling of fulfillment, but have only had satisfaction since I have been involved in Al-Anon service work.

STEP 5

I had to admit that only going to meetings wasn't enough for my growth. When I asked my Higher Power for guidance, service work seemed to be the path he placed on me.

STEP 6

As always, the key work is "READY" - I had to rid myself of that which causes apathy in service, lack of interest in things generally found interesting (indifference, being insensitive, cold frigid, or unconcerned, not caring for or about, careless, no desire for).

STEP 7

I humbly asked the God of my understanding to remove the fear of not doing a good job - and give me courage and wisdom to do my trusted servant job.

STEP 8

I can list all the Al-Anon service jobs that I have undertaken and honestly say that I have grown spiritually through giving of myself to keep the Al-Anon way of life alive

STEP 9

I feel like amends are being made for my past mistakes, because I have made a commitment to do service work, and have accepted that responsibility.

STEP 10

I am aware through my service inventory that I don't have to "Let George do it". I am a part of the Al-Anon Family Groups, and service work mostly begins with me.

STEP 11

A conscious contact with the God of my understanding, shows me that I need only to ask for guidance in Al-Anon service work and He will guide me.

STEP 12

Having had a spiritual awakening as a result of my understanding that we in service work must keep on keeping on, and that apathy has been dispelled by putting the Twelve Steps in my Al-Anon service jobs. "Let It Begin With Me" has been and I hope it always will be my responsibility.